

Delivery / Maternity ward

(C3)

Gynaecology Department IJsselland Hospital



Thank you for choosing our hospital to give birth to your baby!

We will try to make your stay as nice as possible. You can help us by asking any question you have, to the nurse or gynaecologist.

After you register at the reception in our hospital, you will receive a personal card. You'll have to bring this card with you when you come to our hospital.

Arrange 'Kraamzorg' in advance!

Make sure that you arrange "Kraamzorg" in time.

They take care of you and your baby at home during the first week after birth. If you want to know how many days and hours are provided to you by your 'zorgverzekeraar', please contact them. They will gladly inform and assist you.

What do you need to take with you to hospital?

What do you have to take with you, for yourself and the baby, when you come to our hospital?



For yourself:

- Toiletries like toothbrush, etc. Towels are provided.
- Clothes for during and after delivery.

- Clothes to wear when you go home.
- One or more supportive bra(s).
- Four pieces of underwear (no 'thong').
- Cd's to listen to your own preferred music in the delivery room (only if you want to).

For your baby:

- (Washed) clothes.
- Don't forget socks and a small warm hat.
- Bring your camera (if you like).
No audiovisual recording is allowed (unless you can show us that our personnel is not recorded).
- A Maxi-Cosy for safe transport of your baby by car.



Please read the manual and practise in advance.

Bring the maxi-cosi only on the day that you go home.

Your partner and one extra family-member, can join you in the delivery room. If you have special requests, discuss them with your midwife or the gynaecologist. We like to make things as comfortable as possible for you.

On your way to hospital

When you go into labour, please contact your midwife. She will try to come to your house for assistance and a quick (medical) check. She will also tell you when it's time to go to hospital. At that point she will contact us and let us know when to expect you.

When you're under medical treatment of one of our gynaecologists, you'll have to call the maternity ward yourself: **010 258 54 63**.



From 23.45 till 06.30h the main entrance of the hospital is closed. During these hours you can use the emergency entrance (SEH).

When you arrive at our hospital, you can get yourself a wheelchair. You will find them near both entrances and at the parking lot. You need a € 2,- coin to unchain the wheelchair.

- When you arrive Monday till Friday between 7.00am and 17.00pm you need to sign in at the desk from 'bureau opname' in the main hall (follow route number **79**).
- When you arrive after 17.00pm on working days or in the weekends you need to sign in at the desk from the emergency unit (Spoedeisende hulp) . When you are on the main parking lot you will find the entrance on the right side of the hospital (behind the HAP).

After you sign in you take the elevator - near the main entrance - and go to the 3rd floor (C3 on the sign). When you get out of the elevator, you will find the delivery ward on your right side. Walk straight through, to the desk in the middle.



If you don't find anyone there, push the 'bell' and we will come to you as soon as possible!

After delivery

The nurse will help you feed and dress your baby. After you've had a nice shower, you and your baby will go to the maternity ward.



Your baby will be right beside you in his or her crib.

If you want to phone family and friends to let them know that you are mum and dad now, please use your mobile phone.

Of course you can invite parents and close relative to come over to visit you, but please be aware that only 3 visitors are allowed per patient. It might be too busy in the room for you, the baby or for other parents and their baby's if more visitors will come.



Registration of birth

- From Monday to Wednesday from 09.00 to 10.00 you can register your baby in our hospital.
- You can also register in 'het gemeentehuis' (City Hall) of Capelle a/d IJssel. You'll receive information and a map where you have to go to register your baby.

Visiting hours

Partners are welcome between 8.00 and 22.00 p.m.

Other visitors : 11.30 - 12.30 and 16.00 – 19.30

Your guests can buy something to drink or eat in the shop or at the terras 'Vermaat' downstairs in de main hall.

More information?

For further information you can contact:

Maternity Ward 010 - 258 54 62

Patient information 010 - 258 51 37

Delivery room 010 - 258 54 63

Check our website for more information; www.ysl.nl

We wish you a comfortable stay in our hospital,

The staff of the maternity ward